



PE Policy

Intent –

Brookdale Primary School aims to provide opportunities for pupils to become physically competent and confident in a way which supports their health and fitness. At the school, we offer pupils the opportunity to compete in sports and other activities, in order to help build character and reinforce values such as teamwork, fairness and respect.

PE lessons are taught with the following aims in mind:

- Meet the requirements of the national curriculum
- Promote a healthy lifestyle
- Encourage physical activity and exercise
- Build self-esteem, confidence and resilience
- Provide all pupils with access to the lesson
- Develop pupils' academic, social and physical ability
- Encourage good behaviour and respect amongst pupils
- Promote team work and cooperation amongst pupils

This policy outlines what pupils will be taught during PE lessons and how they are expected to behave, as well as the measures taken in order to ensure the health and safety of pupils, including role-specific responsibilities.

The intent of the PE curriculum is outlined and detailed in the PE Progression map

Implementation -

EYFS –

In the Early Years Foundation Stage (EYFS), physical development includes moving and handling, health and self-care. Children will develop skills enabling them to show control and coordination in large and small movements and are given opportunities to use and handle games equipment. The importance of physical exercise is promoted through continual access to an outdoor area with planned opportunities for active and large-scale play as well as two specific PE sessions a week.

Years 1 to 6

- Through Years 1 and 2, children are taught games, dance and gymnastics.
- Through Years 3 - 6 children are taught games, dance, gymnastics, athletics and swimming.
- Outdoor and Adventurous is covered during residential in years 4 and 6
- PE is delivered two sessions a week. If a class is swimming, only one session a week is required for that half term.
- Dance and gymnastics are taught in blocks to allow progression and development over time.
- Where appropriate, a sports coach will lead the lesson or teach alongside the teacher.
- Pupils will be taught through a mixture of whole-class, group and individual activities, ensuring that tasks are suitable for pupils' abilities.
- Pupils will be encouraged to evaluate their own performance, as well as the performance of others.
- Pupils will be given the opportunity to both collaborate and compete with each other

during lessons.

- Knowledge Mats for each area will outline key vocabulary and diverse people from the given activity and can be displayed on the smartboard in class and in the hall during the lesson for children to refer to.
- The PE coordinator will act as the first point of contact for staff members planning PE lessons or sporting events.
- A variety of resources, including indoor and outdoor sporting equipment, will be used to provide a range of challenge for pupils.
- Staff members involved in the teaching of PE will have access to PE resources, including sporting equipment and specialist literature, at all times.
- PE resources will be booked in advance and authorised for use by the PE coordinator prior to use.
- Where a pupil is unable to participate in a lesson, the teacher will set them another related task, such as being score counter or equipment manager.
- During PE lessons, pupils are expected to wear the following:
 - Black or blue shorts or jogging bottoms
 - White T-shirt, preferably with the school logo
 - Black pumps or trainers
- During cold weather, pupils will be allowed to wear their school jumpers, as appropriate.
- During swimming lessons, pupils are expected to wear a one-piece bathing suit
- Pupils with long hair must tie it back or wear a swimming cap
- Staff members will lead by example by wearing appropriate clothing when teaching PE.
- All potentially dangerous jewellery, such as earrings, will be removed before PE lessons. Jewellery which cannot be removed will be taped over.
- In relation to swimming lessons, if a child's jewellery cannot be removed, they will not be able to participate in the lesson.
- All long hair is tied back for PE lessons.
- The school will stock spare hair bands and PE kits for pupils who forget theirs.
- In the event that a pupil repeatedly forgets their PE kit, a letter will be sent home.
- Only staff members of the same sex as the pupils will be allowed in the changing rooms.
- Pupils who identify as transgender will be allowed to get changed in the disabled toilet facilities instead.
- Children are taught about hazards, risks and controls which may be encountered when using equipment and within the space used. Assessment of risk is made before and during lessons by the adult(s) taking a lesson and children are encouraged to manage their environment to ensure health and safety to themselves and others.

Impact –

- The subject leader is responsible for reporting on standards in PE across the school to the governing body.
- Children are encouraged to assess and evaluate their own work at the end of each unit to help them appreciate how they can improve their own performance and what targets they would set themselves in the future.
- Teachers in Year 1-Year 6 can keep on-going notes on subject assessment sheets. Evidence of final pieces of dance or gymnastics can be saved in PE, PE Assessment Evidence, Year group, on the shared

drive.

- Foundation 2 staff make summative judgements termly by entering data into Tapestry and internal tracking sheets.
- Progress and achievement in PE are passed on to parents and carers at open evenings and in the annual report.

