

Family Activities

Family Activity: READ



Make and decorate Empathy Glasses

This activity is for younger children but the whole family could join in.

Our Empathy Glasses help children focus on other peoples' points of view and imagine seeing things through a character's eyes.

You will need: paper coloured pens or pencils scissors (ask an adult to help)

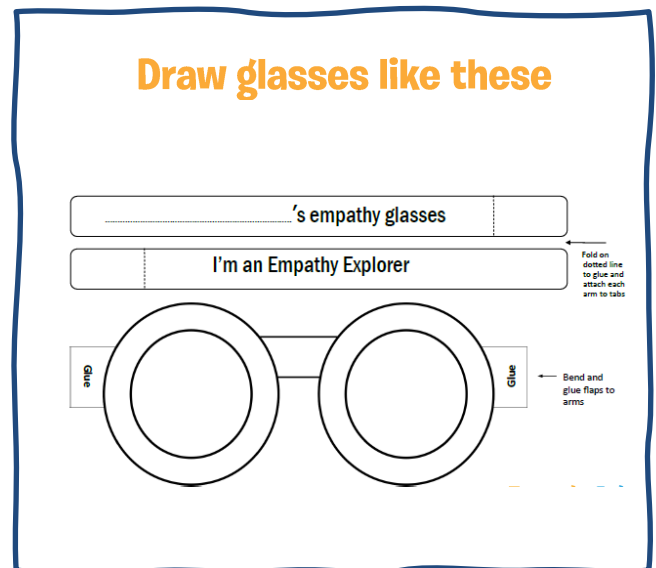
Use our handy template, which you can download [here](#), or draw your own on a piece of paper to create a personalised pair of Empathy Glasses.

Tip! Be creative with your decoration. Why not try coloured paper, stickers or anything else you have at home to make a unique pair of Empathy Glasses.

Once you've decorated your glasses, ask an adult to **carefully cut them out**.

Next, fold the arms of the glasses, making sure they fit on your face.

Now put them on and have fun talking about how all the characters in your favourite books might see the world in different ways.



On Empathy Day at midday, Malorie Blackman will be asking everyone to put on their Empathy Glasses and recommend their favourite #ReadForEmpathy book on social media. Get yours ready now!