



Brookdale Primary School, **P.S.H.E** Whole School Curriculum Overview

	AUTUMN	SPRING	SUMMER
Y1	Who is special to us? Who helps to keep us safe?	What is the same and different about us? What helps us to stay healthy?	How can we look after each other and the world? What can we do with money?
Y2	What makes a good friend? What is bullying?	What jobs do people do? What helps us to stay safe?	What helps us grow and stay healthy? How do we recognise our feelings?
Y3	How can we be a good friend? What are families like?	What keeps us safe? Why should we keep active and sleep well?	What makes a community? Why should we eat well and look after our teeth?
Y4	What strengths, skills and interests do we have? (Growth Mindset) How can we manage our feelings?	How do we treat each other with respect? How can our choices make a difference to others and the environment?	How can we manage risk in different places? How will we grow and change?
Y5	What makes up a person's identity? What decisions can people make with money?	What jobs would we like? How can we help in accident or an emergency?	How can friends communicate safely? How can drugs common to everyday life affect health?
Y6	How can the media influence people?	How can we keep healthy as we grow?	What will change as we become more independent? How do friendships change as we grow?