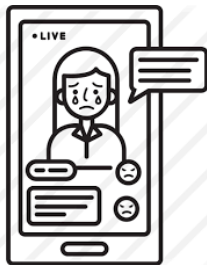


## Online Abuse

Making you feel unhappy or unsafe online by sending unkind messages, sharing pictures of you, spreading rumours about you or others or showing you content that makes you uncomfortable or frightened.










### ADULTS SHOULD...

Adults have rules too! They should:

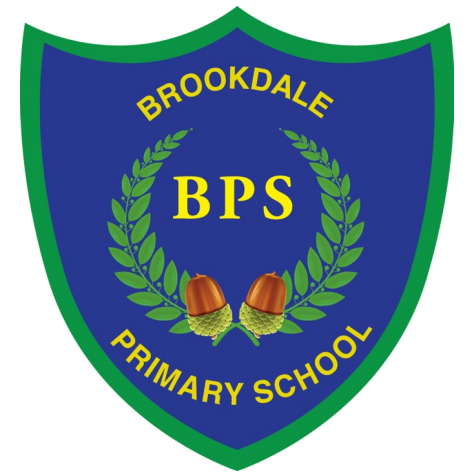
- ✓ Listen to you and help you
- ✓ Never hurt or frighten you
- ✓ Keep their hands to themselves
- ✓ Never ask you to keep secrets
- ✓ Only meet you in safe places where other people know where you are
- ✓ Make you feel safe

## WHO TO TELL

If you are worried that you, or someone you know is being hurt, it is important to tell someone you trust who can help:

-  Parents or other grown-ups in your family
-  Teacher or adult in school
-  Grown-ups at a club or team you go to
-  Friends
-  A friend's parent
-  Doctors and Nurses
-  Police

If you don't want to talk to someone you know, you can speak to someone who will listen and keep you safe by calling Childline or chatting to them online:



# Child Friendly Safeguarding Policy

Written By School Council



## YOU SHOULD BE SAFE!

It is always wrong for anyone to hurt you; if they do, it is never your fault. You have the right to be safe and happy. Safeguarding means making sure you are just that - safe and happy!



## PEOPLE MUST NEVER HURT YOU!

Other people must never hurt you in any way; that includes grown-ups and other children who may be in your family, may be your friends or people you know a little bit and could even be strangers. Whoever it is, you have the right to be SAFE and HAPPY!



## HOW MIGHT YOU BE HURT?

### Exploitation

This means forcing or bribing you to do something you know is wrong and that you don't want to do.



### Neglect

Leaving you without the things you need to be healthy and safe like shelter, protection, food, water, clothing, help with hygiene, time and love.



### Physical Abuse

Using their hands, feet or something else to hurt your body.



## Emotional Abuse

Hurting your feelings or making you unhappy with their words or actions. Shouting at you or scaring you



## Sexual Abuse

Touching you or asking you to touch them in private places; asking to see or take pictures of your private places. Not obeying the PANTS rule!

